



NARMIÉ SUMMIT
2023

Becoming a Certified Family Life Educator: Benefits & Steps to Certification

Cynthia Wilson, Ph.D., CFLE

Kaley de Leon, M.S., CFLE



Becoming a Certified Family Life Educator (CFLE): Benefits & Steps to Certification



Presented by
Cynthia B. Wilson, Ph.D., CFLE
Kaley de Leon, M. S., CFLE





Cynthia B. Wilson, Ph.D. CFLE
Executive Director; CFLE
Advisory Board Chair



Kaley G. de Leon, M.S., CFLE
Research Assistant; 2023 FLE
Summit Task Force Member

Outline

- What is Family Life Education?
- History and Background
- Benefits of Certification
- Where are CFLEs Employed?
- Benefits of Hiring a CFLE
- How to Become Certified

Let's Mix it Up!



GO TO **menti.com**

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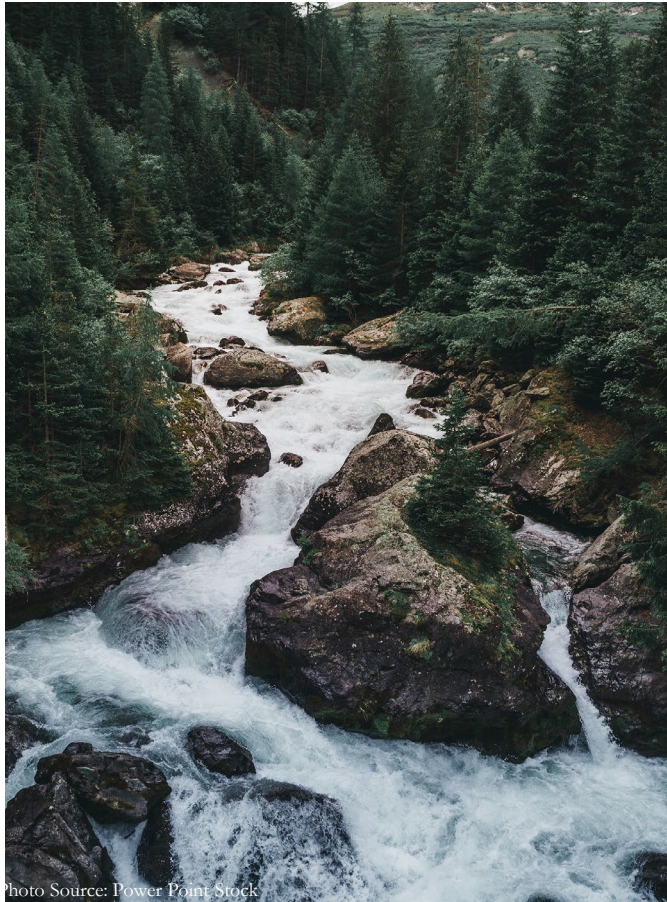


Photo Source: Power Point Stock

Once upon a time...

There was a village built upon the edge of a river where the water churned roughly over the rocks.

There were signs at the river's edge warning of the danger, but people often ignored the signs & fell into the river.

They either drowned or flowed downstream to a waterfall & were never seen again.



The villagers came up with a plan...

A net was put downstream to catch those who had fallen in the river.

A full-time crew was hired to watch for villagers floating downstream, pull them from the river, dry them off, & get them to ambulances.





Photo Source: Cntrlaltdel33t/Creative Commons

A new hospital was built closer to the river's edge.

All these efforts increased the survival rate of the people who fell into the river, but many were still injured or drowned.



Photo Source: Power Point Stock

A couple who moved to the village watched what was happening & asked if something more couldn't be done to save them.

Villagers explained that they had developed a good system, & while they weren't able to save everyone, things had improved.

The couple decided to take matters into their own hands by...

Helping to build a large fence along the rough part of the river

Offering swimming lessons



Photo Source: Bureau of Land Management Oregon and Washington



Creative Commons



Speaking to villagers about the dangers of going into the river without a life jacket

Conducting classes to teach people how to maneuver their boats around the rocks

Soon...

Fewer & fewer people were falling into the river & those who did were better able to help themselves out.

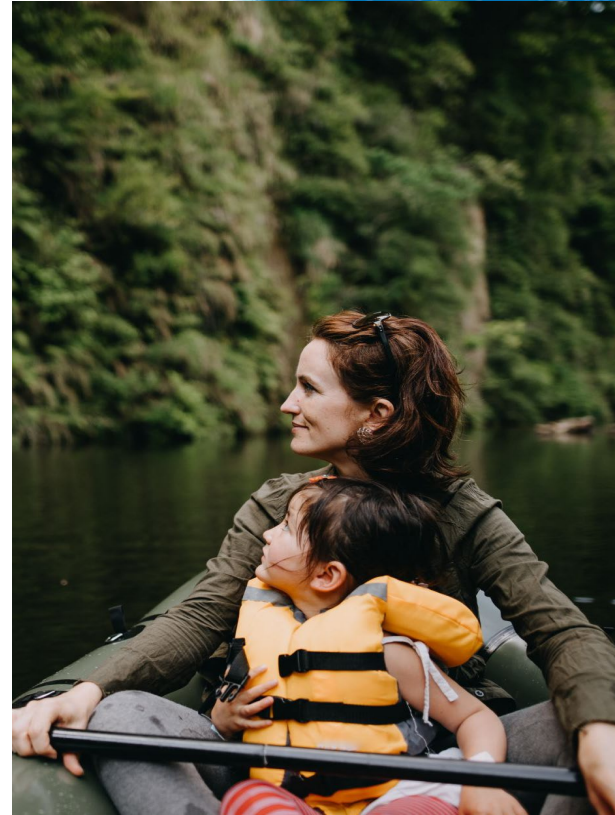


Photo Source: Power Point Stock Photo

FAMILY LIFE EDUCATION
is about teaching the skills & knowledge
needed to avoid falling into the river &
helping yourself when you do.

What is Family Life Education?

Family Life Education is a

- preventive,
- educational,
- strengths-based,
- research and theory-based approach to providing individuals and families with knowledge and tools needed to function optimally.
- It incorporates a family system, lifespan perspective.

What is Family Life Education? continued

- The skills and knowledge needed for healthy functioning are widely known:
 - strong communication skills
 - knowledge of typical human development
 - good decision-making skills
 - positive self-esteem
 - healthy interpersonal relationships
- Family Life Education involves being intentional about disseminating this knowledge and these skills.

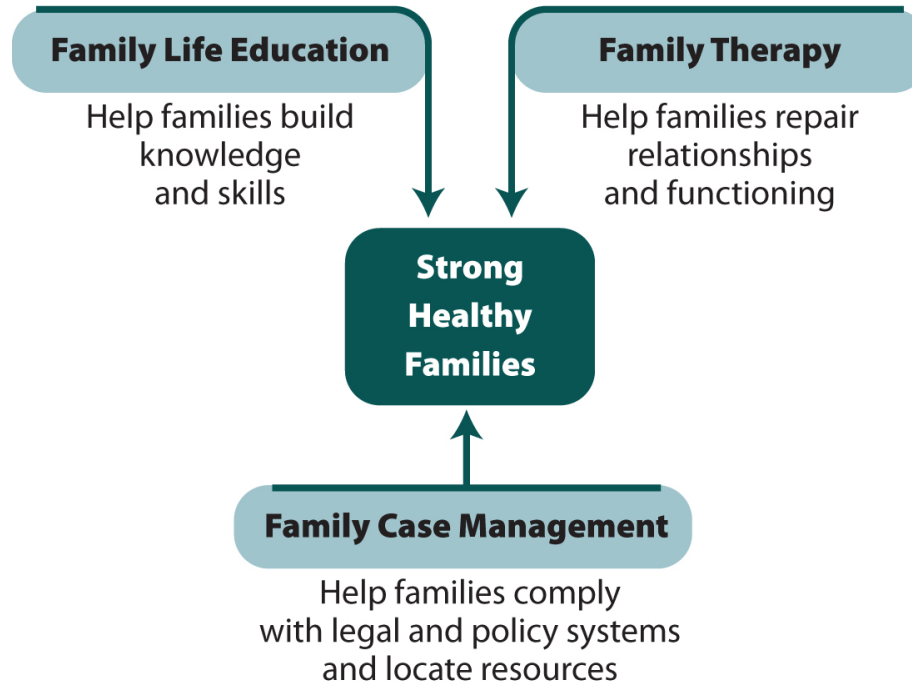
Domains of Family Practice Model

Similarities and differences between:

- Family Life Education
- Family Case Management
- Family Therapy

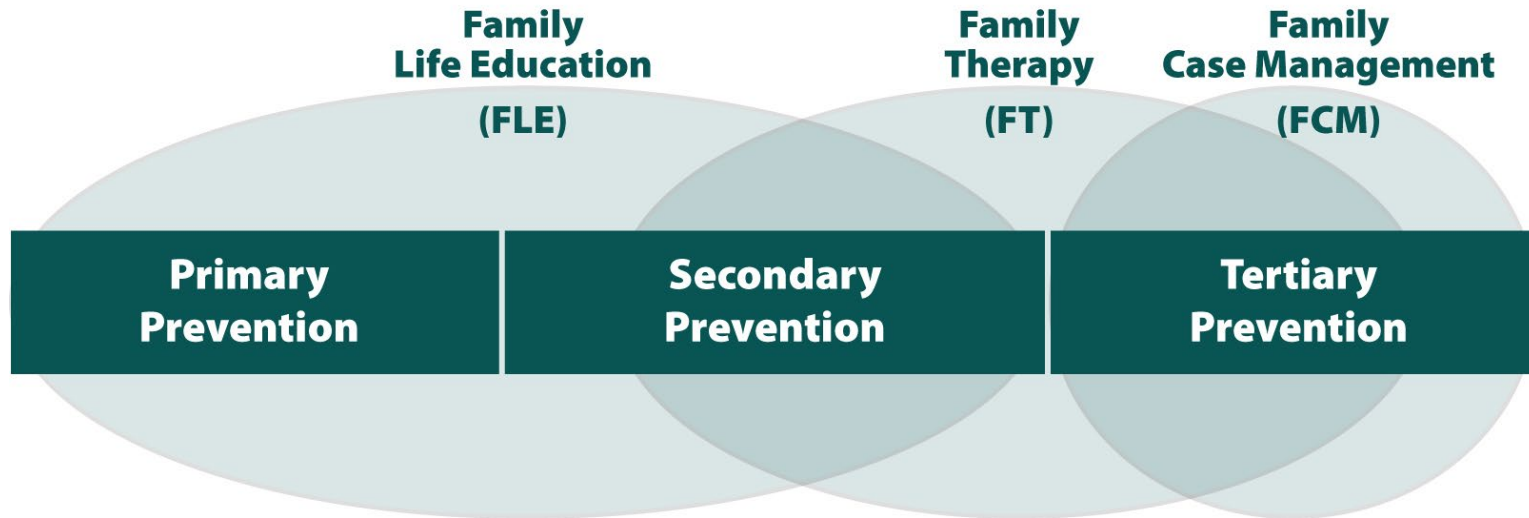
While various professionals assist families, it is the Family Life Educator who incorporates a family-systems, preventive, and educational approach to individual and family issues.

DFP Model Figure 1: Why



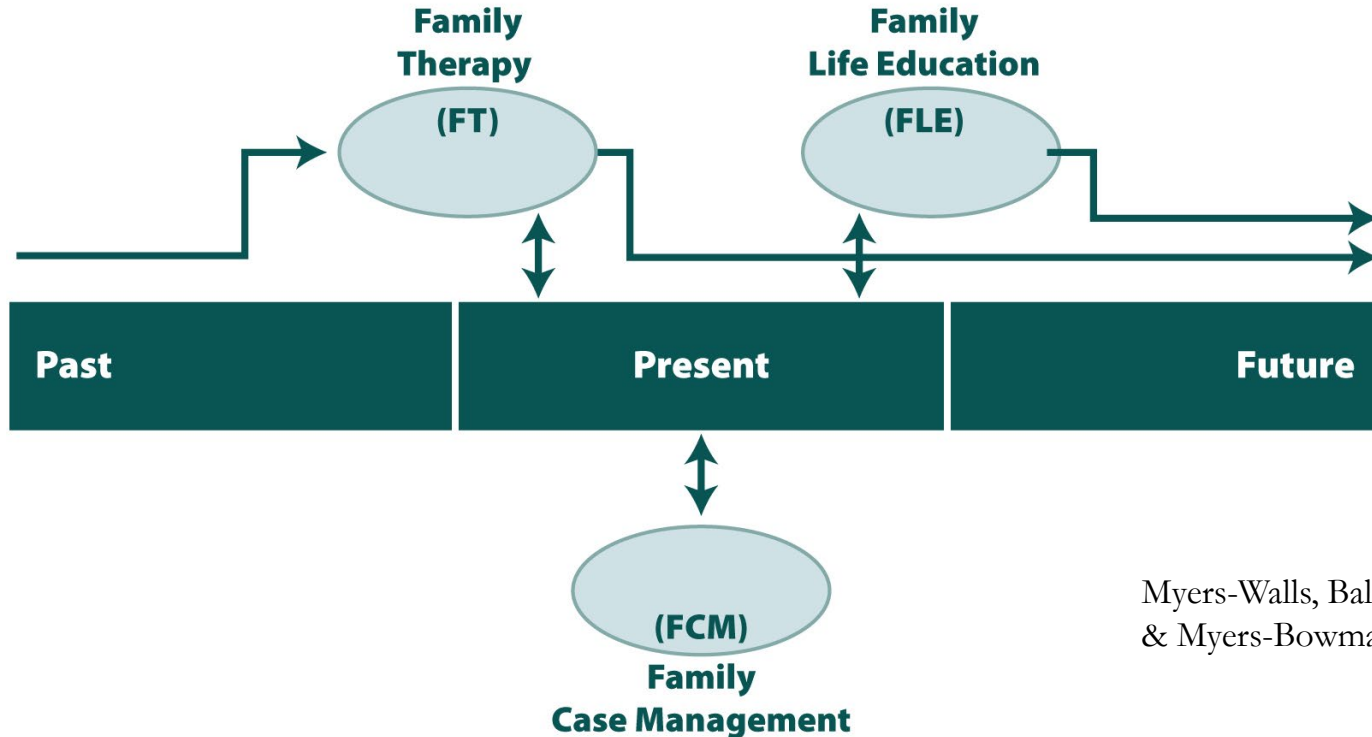
Myers-Walls, Ballard, Darling, & Myers-Bowman (2011). Reconceptualizing the Domain and Boundaries of Family Life Education. *Family Relations*, 60 (4), 357-372

DFP Model Figure 2: When—Timing of Services



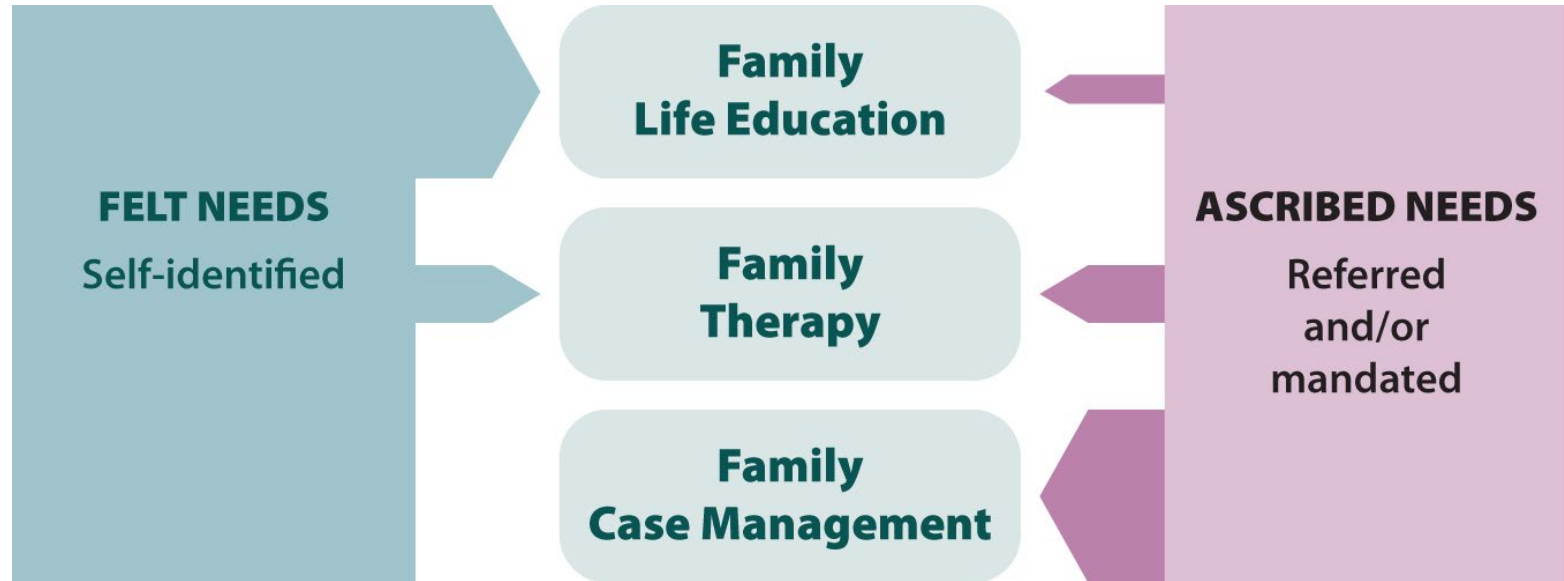
Myers-Walls, Ballard, Darling, &
Myers-Bowman, 2011

DFP Model Figure 3: When—Orientation of Services



Myers-Walls, Ballard, Darling,
& Myers-Bowman, 2011

DFP Model Figure 4: For Whom



Myers-Walls, Ballard, Darling, &
Myers- Bowman, 2011

Stand up if you have...



Certified Family Life Educator (CFLE)

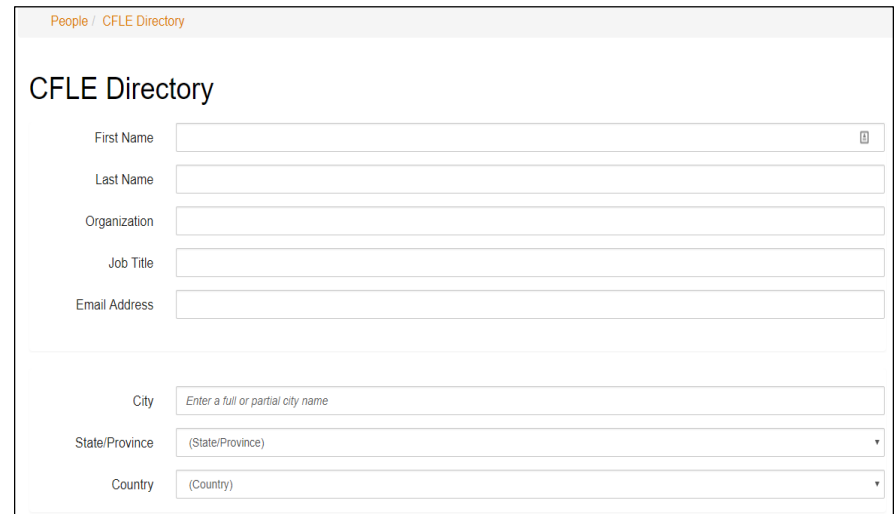
- Introduced in 1985 to establish standards for practice
- Bring increased recognition and value to the practice of FLE
- Provide networking opportunities for practicing professionals

Family Life Education Content Areas

1. Individuals and Families in Societal Contexts
2. Internal Dynamics of Families
3. Human Growth & Development across the Lifespan
4. Human Sexuality
5. Interpersonal Relationships
6. Family Resource Management
7. Parent Education and Guidance
8. Family Law & Public Policy
9. Professional Ethics & Practice
10. Family Life Education Methodology

Benefits of Certification

- Allows you to market yourself to employers, clients, and/or other stakeholders as meeting a nationally recognized standard in the field
- Validates experience and knowledge
- Quarterly newsletter Network
- Access to a directory of CFLEs
- Access to CFLE discussion forum
- CFLE price for NCFR webinars



People | CFLE Directory

CFLE Directory

First Name

Last Name

Organization

Job Title

Email Address

City

State/Province

Country

Benefits of Certification

- Opportunities to be involved in positions of leadership on CFLE program committees.
 - Academic Program Review Committee
 - Advisory Board
 - CFLE Exam Committee
 - FLE Summit Task Force
- Networking Opportunities
 - CFLE discussion forum
 - CFLE Conversations
 - CFLE Reception at the annual conference
 - With other Family Life Educators on local, national, and international levels through social media



Kaley's CFLE Story



Where are Family Life Educators Employed?



CAREER OPPORTUNITIES in FAMILY SCIENCE

Business, Consumer & Family Resource Services	Community-Based Social Services	Education
<ul style="list-style-type: none"> Employee Assistance Corporate Children Family Financial Counseling & Planning Vocational Guidance Consumer Protection Family Resource Management Food Assistance Child and Family Poverty Research Work Life Balance Family Business Consultation Academic Advising 	<ul style="list-style-type: none"> Youth Development Programs Adoption Agencies Family Preservation Teen Pregnancy Prevention & Assistance Family Preservation Welfare Assistance Vocational Rehabilitation & Job Training 4-H Youth Development WIC/IFWIC Scouting Programs After-school Programs Adult Day Care Gerontology Programs 	<ul style="list-style-type: none"> Public Schools Cooperative Extension University & College Research Family Life Education Community Education Parent Education Family Peace & Justice Education Children's Museum Education Marriage & Family Enrichment & Education High School Justice Counseling Program & Curriculum Development College Student Life Programs
Family Intervention	Faith-Based Organizations	Early Childhood Education
<ul style="list-style-type: none"> Individual & Family Therapy Case Management Child & Welfare Services Child Maltreatment Domestic Violence Services Sexual Violence Prevention Drug & Alcohol Prevention Residential Treatment Programs Welfare/Welfare Support Services 	<ul style="list-style-type: none"> Orphan Family Mentor Parent Education Youth Programs Budgeting and Money Management Marriage and Relationship Programs 	<ul style="list-style-type: none"> Childcare Centers Head Start Programs Preschools Early Childhood Family Education
Government & Public Policy	Healthcare & Family Wellness	International Education & Development
<ul style="list-style-type: none"> Family Policy Analysis Advocacy/ lobbying Military Family Support Services Child & Family Services Juvenile Justice Family Court 	<ul style="list-style-type: none"> Public Health Programs & Services Child Life Nutrition, Wellness and Sexuality Education Preventive and Research Services Disability Services Long-Term Care Programs Hospice Reentry Services 	<ul style="list-style-type: none"> International Family Policy Analysis Peace Corps and NGO Leadership Global Family Planning Programs Community & Sustainable Development International Human Rights Advocacy Immigration & Migrant Families Services
Research	Writing & Communication	
<ul style="list-style-type: none"> Grant Proposal Writing Academic and Government Related Research Population Studies & Demographic Research Research for Community Non-Profit Agencies Program Evaluation & Assessment 	<ul style="list-style-type: none"> Curriculum & Resource Development Public Service Radio and TV Programming Newspaper & Magazine Journalism Blogging & Social Media 	

National Council on Family Relations • ncf.org

- Practice - teaching, education, program or curricula development, program evaluation,
- Administration - leadership or management, organizing, coordinating,
- Promotion - public policy, lobbying, advocating for system change and awareness.

Focus of Practice

Focus of Practice	Frequency	Percentage
Adoption/Foster Care	2	0.48
Aging/Gerontology	12	2.86
Child & Family Advocacy	18	4.29
Child Life Specialist	4	0.95
College/University Education	70	16.67
Community Action/Service	6	1.43
Communication and Writing	0	0.00
Cooperative Extension/Community Education	34	8.10
Counseling/Therapy	27	6.43
Criminal Justice	2	0.48
Crisis & Hotline Services	2	0.48
Daycare/Preschool	5	1.19
Diversity/Cultural Awareness Education	3	0.71
Domestic Abuse/Violence Prevention	6	1.43

Drug & Alcohol Prevention	4	0.95
Early Childhood Education	24	5.71
Employment Assistance	3	0.71
Family Financial Planning & Counseling	3	0.71
Family Law	3	0.71
Family Policy	2	0.48
Family Preservation	7	1.67
Head Start Program	1	0.24
Healthcare and Wellness	13	3.10
Hospice	0	0.00
Housing	4	0.95
K-12 Education	12	2.86
Marriage/Relationship Education	21	5.00
Media (TV, Radio, Internet, Film)	0	0.00
Military Family Support	3	0.71

Focus of Practice

continued

Ministry	10	2.38
Nutrition Education & Counseling	5	1.19
Parenting Education	49	11.67
Pregnancy/Family Planning	1	0.24
Program Evaluation & Assessment	2	0.48
Recreation	1	0.24
Residential Treatment	1	0.24
Sex Education	4	0.95
Victim/Witness Support Services	1	0.24
Vocational Rehabilitation & Job Training	0	0.00
Work-Life Balance	4	0.95
Youth Development Programs	7	1.67
Other	44	10.48

Who Would You Hire?



Marci



Savan



Sherri



Marci

Bachelor's Degree in Business

5 Years of experience working for a non-profit organization implementing relationship education.



Savan

Bachelor's Degree in Family Science

5 Years of experience working for a non-profit organization implementing relationship education.



Sherri

Bachelor's Degree in Family Science

5 Years of experience working for a non-profit organization implementing relationship education.

Has completed the necessary steps to obtain the Full CFLE credential.



THE APPLICATION PROCESS

Create a NCFR Profile



National Council on Family Relations

[Forgot Password?](#)

- Create an account with us at my.ncfr.org

Levels of Certification: Provisional and Full

- *Provisional Certification* – Demonstrated knowledge in the 10 family life content areas but don't yet have enough work experience in Family Life Education
- *Full Certification*– Demonstrated knowledge in the 10 family life content areas and work experience in Family Life Education

Provisional Certification



Provisional Certification

Provisional certification is available to those with at least a bachelor's degree from a regionally accredited institution, but who lack sufficient work experience in Family Life Education.

Knowledge in FLE can be demonstrated through:

- Graduation from an NCFR CFLE-approved program

OR

- Successful completion of the CFLE Exam

CFLE-Approved Program Process

- Graduates of CFLE-approved programs can apply for certification up to two years after they graduate

- Find information about how to apply at:

<https://www.ncfr.org/cfle-certification/become-certified>

NATIONAL COUNCIL ON FAMILY RELATIONS

CFLE-Approved Program Checklist
Provisional Certified Family Life Educator (CFLE)

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at: <https://www.ncfr.org/cfle-approved-program>

Instructions: Confirm that the courses listed below appear on your transcript. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

<input checked="" type="checkbox"/>	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals In Societal Contexts	
	2. Internal Dynamics of Families	
	3. Human Growth & Dev across the Lifespan	
	4. Human Sexuality	
	5. Interpersonal Relationships	
	6. Family Resource Management	
	7. Parent Education & Guidance	
	8. Family Law & Public Policy	
	9. Professional Ethics & Practice	
	10. Family Life Education Methodology	
	Internship/Practicum (minimum 120 hours)	

Institution name, Undergrad or Grad
B.S., B.A., M.S., or Ph.D. / degree name
CFLE-Approved Program since XXXX

National Council on Family Relations (NCFR) | 888-781-9331 | www.ncfr.org | info@ncfr.org 08/2017

Look for our CFLE-Approved Programs Online

CFLE-Approved Programs

This page lists all CFLE-approved degree programs in the U.S. and Canada, including each program's CFLE course checklist and program contact/representative.

The National Council on Family Relations (NCFR) recognizes degree programs that offer coursework covering the 10 Family Life Education content areas as **CFLE-approved programs**.

Graduates of these programs can apply for the provisional-level **Certified Family Life Educator (CFLE) credential** offered by NCFR, using an abbreviated application process.

With questions about CFLE approval or the CFLE credential, please **email NCFR's Emily Vang** .

▼ Interactive Map of CFLE-Approved Programs (Click to Expand)

Search by school



- Over 127 CFLE-approved programs
- www.ncfr.org/cfle-certification/cfle-approved-programs

CFLE- Approved Program Application Materials

- ✓ Review/Update Your Profile
- ✓ Review/Update Your Education
- ✓ Select Your CFLE-Approved Program Checklist
- ✓ Request Official Transcript
- ✓ Agree to Code of Ethics
- ✓ Review Application

Application: CFLE Approved Program
Type: CFLE Approved Program
Application ID: 10
Application Status: Incomplete

Instructions
Review/Update Your Profile
Review/Update Your Education
Select Your Certification
Approved Program Checklist
Request Official Transcript
Agree to Code of Ethics
Review Application

Instructions

The **CFLE-approved program application** is for recent graduates of CFLE-approved academic programs. Applicants must apply through the CFLE-approved program application process within two years of their graduation date.

Each CFLE-approved program has a checklist of coursework that has been approved by the National Council on Family Relations (NCFR) to meet the CFLE requirements. Students must complete all courses on the school checklist with grades of C- or better (in addition to an internship/practicum of at least 120 hours) to qualify for application. You can [find instructions and course-content guidelines here](#).

You can find your school's checklist by going to NCFR's online [Degree Programs Guide](#), searching for and clicking on your program, and then scrolling to the bottom of your program's webpage to find the PDF checklist. Here is what is required for this application:

- Update your NCFR profile
- Select provisional or full level of certification
- Upload your CFLE-approved program checklist
- Request an official transcript from your school to be sent to NCFR
- Read and agree to the CFLE Code of Professional Ethics
- Pay the CFLE-approved program application fee

[Next](#)

Course Requirements

- Courses on the checklist (approved or substitutions) must have been successfully completed with a grade of C- or better. NCFR does not accept audited courses.
- The checklist may contain courses that are not required of your major, so plan ahead
- The oldest course used on the checklist needs to have been completed no more than seven years from the time of application.

NATIONAL COUNCIL ON FAMILY RELATIONS

CFLE-Approved Program Checklist
Provisional Certified Family Life Educator (CFLE)

Submit this checklist with all other materials required for the CFLE-approved program (abbreviated) application process. Find information and forms at: <https://www.ncfr.org/cfle-approved-program>

Instructions: Confirm that the courses listed below appear on your transcript. For any course substitutions (maximum two), include course syllabi from the year you completed the course. Use the blank row at the bottom to indicate content area and course title.

✓	CFLE Content Area	CFLE-Approved Program (Abbreviated) Coursework
	1. Families & Individuals in Societal Contexts	
	2. Internal Dynamics of Families	
	3. Human Growth & Dev across the Lifespan	
	4. Human Sexuality	
	5. Interpersonal Relationships	
	6. Family Resource Management	
	7. Parent Education & Guidance	
	8. Family Law & Public Policy	
	9. Professional Ethics & Practice	
	10. Family Life Education Methodology	
	Internship/Practicum (minimum 120 hours)	

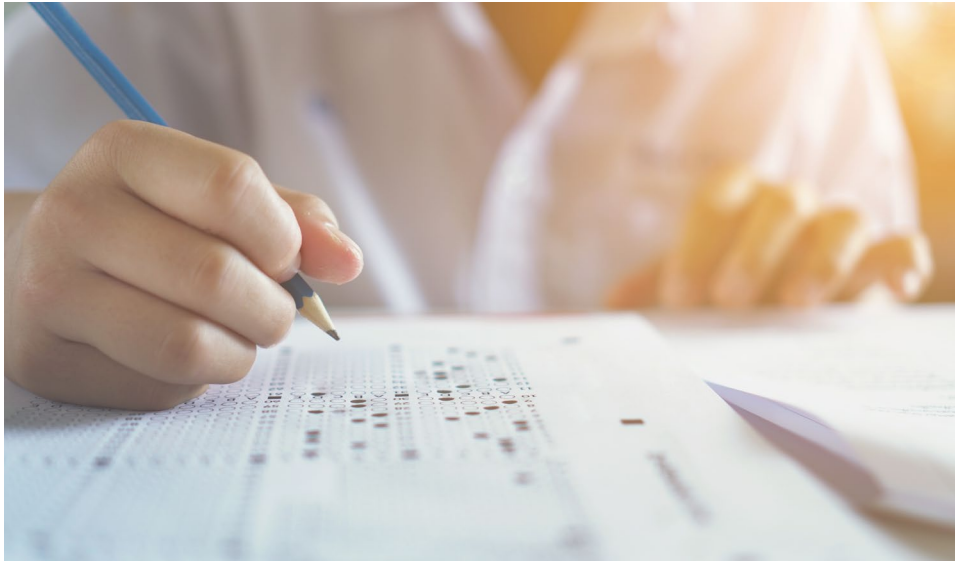
Institution name, Undergrad or Grad
B.S., B.A., M.S., or PH.D. / degree name
CFLE-Approved Program since XXXX

National Council on Family Relations (NCFR) | 888-781-9331 | www.ncfr.org | info@ncfr.org
08/2017

Substitutions

- Up to two substitutions are allowed
- Submit a course syllabus (or detailed course description) from the time that the course was completed.
- Upload the syllabus in the online application under the “checklist” tab.
- Please email (preferred) or mail an official transcript if the substitute course was taken at a different school.
- Courses can be pre-approved by NCFR.
- If proposing a substitute course for the Internship/Practicum requirement, please email cfle@ncfr.org to get the proper forms.

CFLE Exam Application Process



CFLE Exam

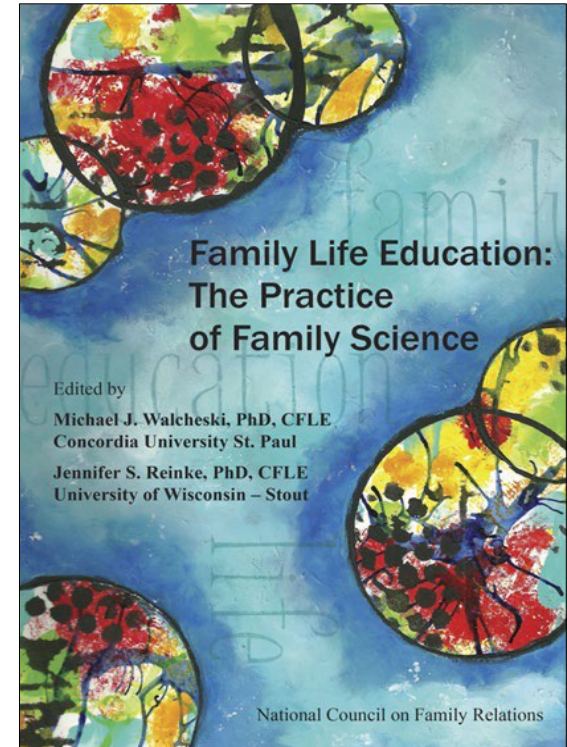
- 150 Multiple Choice Questions
- Offered at testing sites throughout the United States, Canada, and several other countries
- Exams are now available online with remote proctoring
- Exam is offered every year at the NCFR conference
- See <https://www.ncfr.org/cfle-certification/become-certified> for exam window dates/application deadlines



Preparing for the CFLE Exam

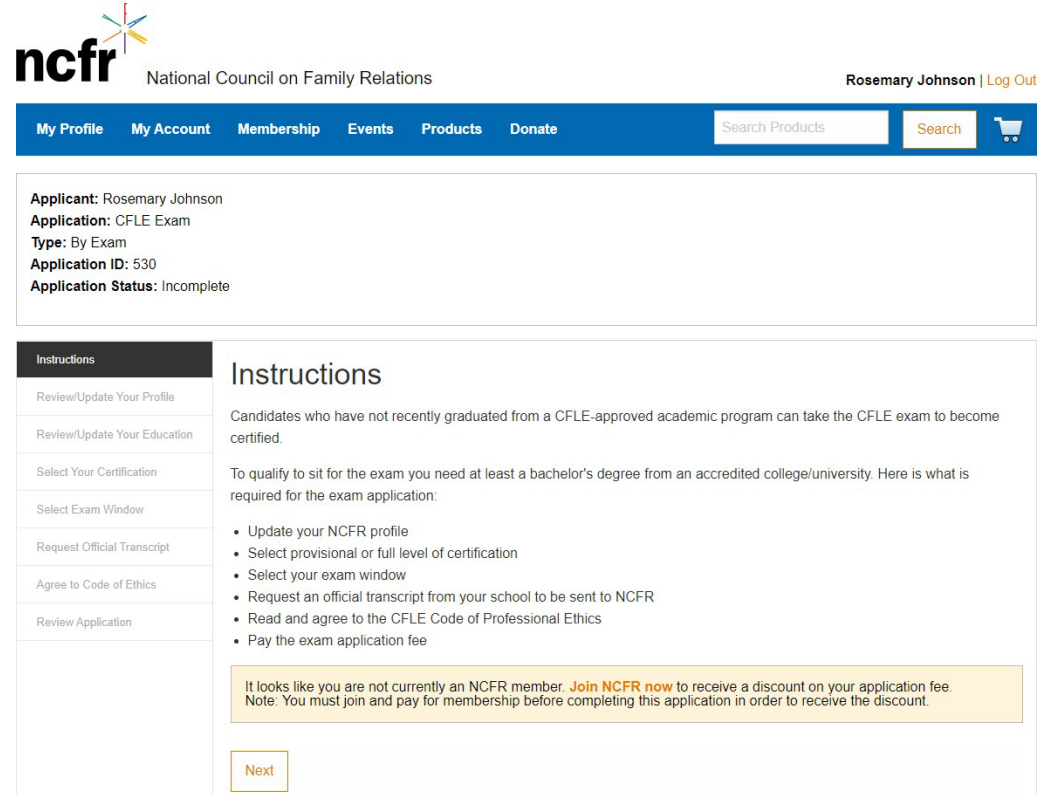
• www.ncfr.org/cfle-certification/become-certified/exam-application-process/cfle-exam-study-materials

Families and Individuals in Societal Contexts	12%
Internal Dynamics of Families	12%
Human Growth and Development across the Lifespan	12%
Human Sexuality across the Lifespan	8%
Interpersonal Relationships	9%
Family Resource Management	10%
Parenting Education and Guidance	10%
Family Law and Public Policy	8%
Professional Ethics and Practice	7%
Family Life Education	12%



Exam Application Process

- ✓ Review/Update Your Profile
- ✓ Review/Update Your Education
- ✓ Select Your Certification Level
- ✓ Select Exam Window
- ✓ Request Official Transcript
- ✓ Agree to Code of Ethics
- ✓ Review Application



The screenshot shows the NCFR website interface for a user named Rosemary Johnson. The page is titled "National Council on Family Relations" and includes a navigation menu with options like "My Profile", "My Account", "Membership", "Events", "Products", and "Donate". A search bar and a shopping cart icon are also present. The main content area displays application details for a CFLE Exam, including the applicant's name, application ID (530), and status (Incomplete). A sidebar menu lists the steps of the application process, with "Instructions" selected. The main content area provides detailed instructions for candidates, including requirements for graduation and a list of steps to complete the application. A yellow callout box at the bottom of the instructions area informs the user that they are not currently an NCFR member and provides a link to join now to receive a discount on the application fee. A "Next" button is located at the bottom of the page.

ncfr National Council on Family Relations

Rosemary Johnson | [Log Out](#)

My Profile My Account Membership Events Products Donate Search Products Search

Applicant: Rosemary Johnson
Application: CFLE Exam
Type: By Exam
Application ID: 530
Application Status: Incomplete

Instructions

Review/Update Your Profile
 Review/Update Your Education
 Select Your Certification
 Select Exam Window
 Request Official Transcript
 Agree to Code of Ethics
 Review Application

Instructions

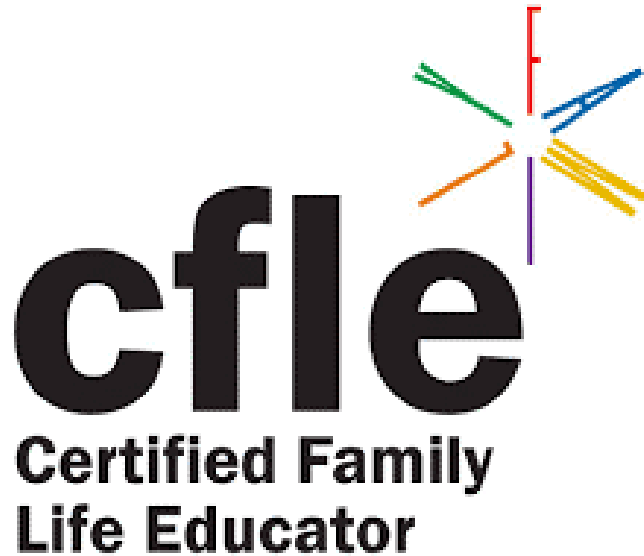
Candidates who have not recently graduated from a CFLE-approved academic program can take the CFLE exam to become certified.

To qualify to sit for the exam you need at least a bachelor's degree from an accredited college/university. Here is what is required for the exam application:

- Update your NCFR profile
- Select provisional or full level of certification
- Select your exam window
- Request an official transcript from your school to be sent to NCFR
- Read and agree to the CFLE Code of Professional Ethics
- Pay the exam application fee

It looks like you are not currently an NCFR member. [Join NCFR now](#) to receive a discount on your application fee. Note: You must join and pay for membership before completing this application in order to receive the discount.

[Next](#)



Full
Certification

Full Certification

Full certification is available to those with demonstrated knowledge in Family Life Education and sufficient work experience in Family Life Education.



Hours Needed

Requirements for full certification	Bachelor's degree	Master's or Ph.D.
Family degree	3,200 hours work experience	1,600 hours work experience
Non-family degree	4,800 hours work experience for bachelor's, master's, or Ph.D.	

Criteria for FLE Work Experience

- Preventive & educational in nature
- Incorporates a family & lifespan perspective
- Intentional – it doesn't just happen
- Includes a planned curriculum or lesson
- Relates to at least one of the 10 FLE content areas
- Focuses on normal family stressors
- Focuses on skills & abilities



<https://www.pexels.com/photo/people-having-meeting-inside-conference-room-1181395/>

Family Life Education Experience

- Volunteer or internships work supported with training or formal preparation can be accepted
- You can use work experience earned prior to or while earning a degree.
- Work experience should have been earned within the past five years (at the time of applying for full certification)



Full Certification Application Process

- ✓ Work Experience Summary Form
- ✓ Work Experience Supporting Materials
- ✓ Employer Assessment and Verification Form
- ✓ Current Resume or Vita
- ✓ CFLE Code of Professional Ethics

Instructions	<h2>Certification Level</h2> <p>Provisional Certification Provisional certification is available to applicants who can demonstrate content knowledge in each of the 10 Family Life Education content areas, but who have not yet earned enough work experience hours in Family Life Education to qualify for full certification status.</p> <p>Full Certification Full certification is available to CFLE applicants who can demonstrate <i>both</i> content knowledge and enough work experience in Family Life Education. Please visit the website to learn more about work experience materials and requirements for full certification.</p> <p>In addition to submitting all exam application materials, applicants applying for full certification must also:</p> <ul style="list-style-type: none"> document relevant work experiences, including: <ul style="list-style-type: none"> job title start and end dates total hours for each employment setting/activity calculations showing how you arrived at those hours brief description of activity, and the content areas addressed. <p>Supporting documentation can be uploaded.</p> <ul style="list-style-type: none"> request submission of employer verification and assessment forms for at least half of the work experience hours listed. <p>Certification Level*</p> <p>Full Certification <input type="text"/></p> <p>Next</p>
Review/Update Your Profile	
Review/Update Your Education	
Select Your Certification	
Select Your Degree Area/Level	
Select Exam Window	
Request Official Transcript	
Upload Resume	
Agree to Code of Ethics	
Work Experience / Verification & Assessment	
Review Application	
Application Summary	

FLE Work Experience Verification

- If the work experience is educational and preventative in nature and related to at least one of the ten content areas, it can count as work experience.

Work Experience Information

Please add work experience(s) for each relevant job. If you are documenting multiple Family Life Education activities within one job, please include all those activities in the corresponding boxes below.

Employer/Sponsoring Organization*

Job Title* (60 characters max)

Start Date* (mm/dd/yyyy)

End Date (mm/dd/yyyy -- leave blank if current)

Total Number of Hours*

Work Experience Information

Please explain how you arrived at the total number of hours

Examples: Taught two times each year (30 hours each session plus 8 hours prep time) 38 x 4 = 152 hours 8 clients, (25 hours per week plus 5 hours prep time) 40 weeks to date 30 x 40 = 1,200 hours

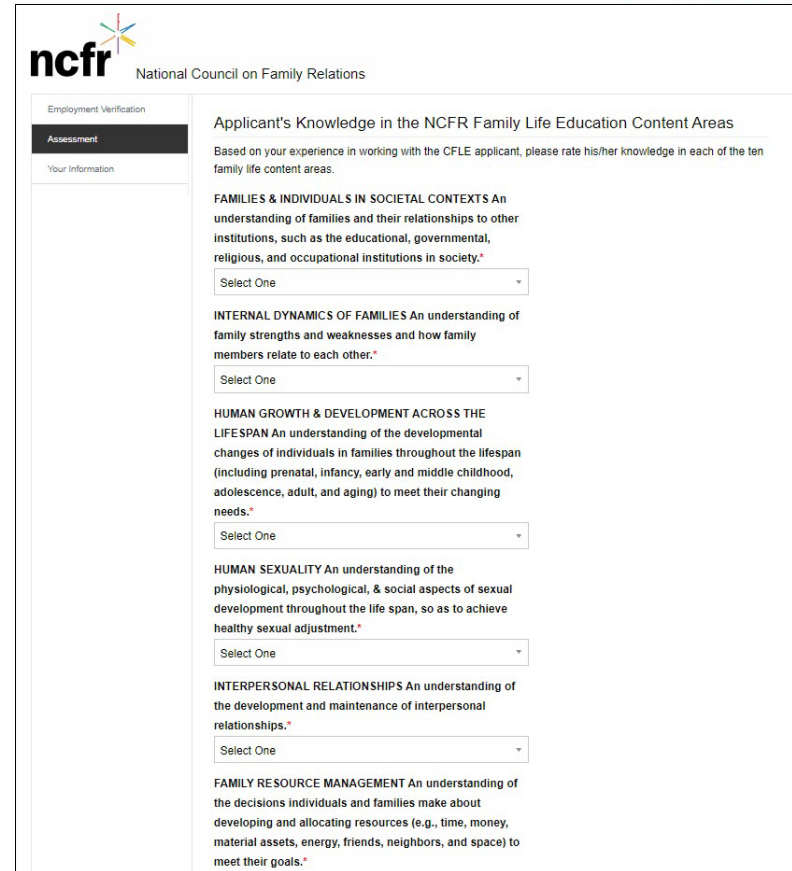
Description of Family Life Activities*

I.e. workshops, presentations, published articles, curriculum developed, direct services, etc.

Save

Employer Assessment & Verification

- Work experience must be assessed and verified by someone other than the applicant.
- Employer verification request will be emailed as soon as you submit your application.
- Please make sure you let your employer know a verification request is coming their way.
- At least 50% of the required work experience hours must be verified.



The screenshot shows a web-based assessment form titled "Employment Verification" with a sub-section for "Assessment". The form is for "Your Information" and contains ten assessment questions, each with a "Select One" dropdown menu. The questions are:

- Applicant's Knowledge in the NCFR Family Life Education Content Areas**
Based on your experience in working with the CFLE applicant, please rate his/her knowledge in each of the ten family life content areas.
- FAMILIES & INDIVIDUALS IN SOCIETAL CONTEXTS** An understanding of families and their relationships to other institutions, such as the educational, governmental, religious, and occupational institutions in society.*
- INTERNAL DYNAMICS OF FAMILIES** An understanding of family strengths and weaknesses and how family members relate to each other.*
- HUMAN GROWTH & DEVELOPMENT ACROSS THE LIFESPAN** An understanding of the developmental changes of individuals in families throughout the lifespan (including prenatal, infancy, early and middle childhood, adolescence, adult, and aging) to meet their changing needs.*
- HUMAN SEXUALITY** An understanding of the physiological, psychological, & social aspects of sexual development throughout the life span, so as to achieve healthy sexual adjustment.*
- INTERPERSONAL RELATIONSHIPS** An understanding of the development and maintenance of interpersonal relationships.*
- FAMILY RESOURCE MANAGEMENT** An understanding of the decisions individuals and families make about developing and allocating resources (e.g., time, money, material assets, energy, friends, neighbors, and space) to meet their goals.*

Maintaining Your CFLE Designation



CFLE Annual Fee

- Provisional, Full, and Retired CFLEs must pay the CFLE Annual Fee in order to maintain their designation.
- Fee covers cost of CFLE newsletter Network, CFLE discussion group, access to NCFR webinars at the \$45 rate as well as archived webinars after one year, and general maintenance of the CFLE program.



cfle
Certified Family Life Educator

NATIONAL COUNCIL ON FAMILY RELATIONS

Network

Summer 2017 | Volume 29.3

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CFLE IN CONTEXT

Adverse Childhood Experiences: Implications for Schools

by Jennifer Best, MEd, CFLE, CFCO-HDFS, BCC

When I graduated with a degree in psychology and family services, I didn't even know that the job I do today was a job I was one of those students who knew what they were interested in, but had no idea how that translated into a viable career. I was very lucky to get my first job with the local Extension and Outreach in the mid-size urban city where my new husband and I moved. The Cooperative Extension System is the outreach branch of land-grant universities all over the United States. It was created over 100 years ago with the idea that a university should

passion resided in understanding and supporting services that reduce risk and raise resiliency among high-risk and disadvantaged populations.

I learned important lessons from the families who participated in the parent education classes I facilitated, my co-workers and colleagues as well as the many social workers, therapists, interventionists, and family support workers who I have had the privilege to work alongside. One of the most significant lessons in my career has been that ecological stressors from within communities, neighborhoods and families, interact with personal factors such as health, socioeconomic status, disability, educational level, etc. to create a "perfect storm" of both risk and resiliency. If we can understand the way these factors influence development, we can help support assets and reduce risks. I continued to study human development and, in addition to earning my Certified Family Life Educator designation, received a credential in Human Development and Family Studies from the American Association of Family and Consumer Sciences. I went on to complete a graduate certificate in Family Life Coaching and become a Board-Certified Life Coach. Each additional class and credential helped me gain knowledge within the ten family development. I realized that my primary

When children's internal, mental models of relationships are distorted, their ability to self-regulate and have positive, meaningful interactions with others are often limited.

serve the people of its state with the latest research, by placing "field staff" where people lived, worked and raised families. With the guidance of my director, I came to understand that my primary role was to embed myself within the community in ways that raised the capacity of organizations, schools, families and individuals to use research to meet local needs and improve quality of life. I have worked with countless formal and informal organizations over the years on many different projects, but by the time I received my graduate degree, focused on coursework within education, psychology, counseling and human

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CFLE in Context continued on page 10

Upgrading to Full Certification

Once Provisional CFLEs have earned sufficient work experience in Family Life Education, they can upgrade to Full status by submitting work experience documentation.

My CFLE Certification

CFLE Since: 2019
Level: Provisional CFLE
Status: ACTIVE

Your upgrade application is due by 05/31/2024.

[Start Upgrade Application](#)

Application: CFLE Upgrade
Type: Upgrade
Application ID: 532
Application Status: Incomplete

Instructions

Review/Update Your Profile

Review/Update Your Education

Select Your Degree Area/Level

Request Official Transcript

Upload Resume

Agree to Code of Ethics

Work Experience / Verification & Assessment

Review Application

Application Summary

Instructions

Certified Family Life Educators (CFLEs) with provisional certification must document and submit sufficient Family Life Education work experience activity to upgrade to full status within five years of their original month of certification. Here are the requirements for the upgrade application:

- Document relevant work experiences, including:
 - job title
 - start and end dates
 - total hours for each employment setting/activity
 - calculations showing how you arrived at those hours
 - brief description of activity, and
 - the content areas addressed.

Supporting documentation can be uploaded.

- Request submission of employer verification and assessment forms for at least half of the work experience hours listed.
- Upload a resume/vita
- Request an official transcript if you earned a family degree that NCFR does not have on record
- Read and agree to the CFLE Code of Professional Ethics
- Pay the upgrade application fee

[Next](#)

Provisional Extension Option

- Provisional CFLEs not eligible to upgrade to full certification by the end of the fifth year of provisional certification can apply for a provisional certification extension.
- Submit 20 hours of continuing education credits.

Recertification

CFLEs with Full status must recertify every five years submitting documentation of at least 100 Contact Hours (10 CEs) in continuing education credit.



My CFLE Certification

CFLE Since: 1999
Level: Full CFLE
Status: ACTIVE

Your recertification application is due by 10/31/2019. Your recertification application is incomplete.

[Continue](#)

Application: CFLE Recertification
Type: Recertification
Application ID: 304
Application Status: Incomplete

Instructions

Review/Update Your Profile	<h2 style="margin: 0;">Instructions</h2> <p>Certified Family Life Educators (CFLEs) with full certification must submit evidence of 100 hours of continuing education activity every five years. Continuing education includes additional academic courses completed, attendance at conferences, seminars, workshops and trainings; and work experiences that are new or different from those included in the original CFLE application, e.g., development and/or teaching of a new course/program. Here is what is required for this application:</p> <ul style="list-style-type: none"> Update your NCFR profile Submit 100 hours of continuing education credits in academic preparation, professional development, and/or work experience Upload an optional resume/vita Read and agree to the CFLE Code of Professional Ethics Pay the recertification application fee
Review/Update Your Education	
Continuing Education Credits	
Upload Resume (Optional)	
Agree to Code of Ethics	
Application Summary	

[Next](#)



CFLE Fees

	NCFR Member	Non-member
CFLE Exam Application-Provisional	\$227	\$302
CFLE Exam Application-Full	\$312	\$417
CFLE Exam Retake Fee	\$145	\$145
CFLE-Approved Program Application-Provisional	\$147	\$202
CFLE-Approved Program Application—Full	\$232	\$317
CFLE Annual Fee	\$87	\$112
Upgrade to Full	\$162	\$217
Recertification	\$152	\$208

Fees

	Professional (no journals)	New Professional (2 journals)	Student (2 journals)
NCFR member	\$122	\$117	\$82

Benefits of Hiring a CFLE



Benefits of Hiring a CFLE

- Bringing on someone with proven knowledge, skills, and abilities.
- Certified employees can be more effective, require less training, and offer the organization a competitive advantage.
- Increase credibility for your organization and/or program.
- Ability to provide a broader range of services to clients.
- Access to FLE resources that can benefit the entire organization.

Why Employers Hire CFLEs

CFLEs bring these qualities and more to the workplace:

- Skills in educational methodology: needs assessment, program evaluation, and more
- Ability to work well with diverse audiences
- Awareness of personal attitudes and cultural values
- Ethical decision-making and behavior
- Skills in problem-solving, interpersonal and written communication, one-on-one work, and group work

Name That Professional!



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3358 3089

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Questions?

Cindy Wilson
cbwilson2@fsu.edu



Kaley de Leon
mgdeleon@fsu.edu



fcpr.fsu.edu

For More Information

- www.ncfr.org/cfle-certification
- Visit the NCFR website for information on the CFLE program or contact the CFLE program
CFLE@ncfr.org

Thank you for attending the NARME workshop(s). Your feedback, input and suggestions for future NARME Summit is invaluable to us.

